



Governor's Advisory Commission on Opioids and Addiction

Supply Prevention

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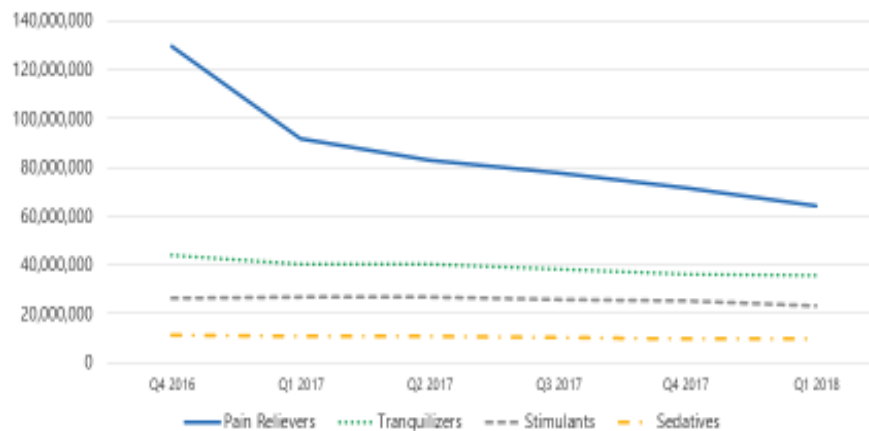
Supply Prevention Workgroup

- ▶ DHP, DMAS, VDH, DBHDS, VSP
- ▶ Overall Goal: only those patients who need the medication and for whom it was prescribed receive it
- ▶ Overall Metric: Number of prescriptions dispensed

Workgroup Supply Prevention



Doses Dispensed by Drug Type



From the fourth quarter of 2016 to the first quarter of 2018 Pain Reliever Doses declined from 129,797,789 to 64,291,723 which represents a 49.53% decline. In that same time period, tranquilizer doses declined by 19.17% and sedatives declined by 12.59%. There was a 12.31% decline between the fourth quarter of 2016 & the first quarter of 2018 for stimulants but there was an increase from the fourth quarter of 2016 to peak in the first quarter of 2017.

www.dhp.virginia.gov

Immediate Priority: Drug Disposal

- ▶ Increase Available Drug Take-Back Sites
 - ▶ 32 sites were added in June
 - ▶ 94 total sites in the Commonwealth
- ▶ Publicize the Location of these sites
 - ▶ Present an interactive map of take-back sites on the Board of Pharmacy website (pending)

Immediate Priority: Education

- ▶ Core Competency Guidelines
 - ▶ Available for prescribers and non-prescribers
 - ▶ Developed collaboratively
 - ▶ Distribution to Deans of all professional schools
 - ▶ DBHDS, DHP, VCU producing 4 hours of on-line instruction

Midterm Priority: Education

- ▶ Best practices in pain mgt
 - ▶ Metrics: Number of presentations to provider groups
 - ▶ Number of attendees
 - ▶ Number of Opioid Rx
- ▶ Best practices in addiction mgt
 - ▶ Metrics: Number of x-waivered providers
 - ▶ Number of waived providers in practice
- ▶ Best practices in non-opioid and non-pharmacologic pain control

Midterm Priority: Beyond Education

- ▶ Best practices in non-opioid and non-pharmacologic pain control
 - ▶ Enhance Medicaid Coverage
 - ▶ Acupuncture
 - ▶ Chiropractic manipulation
 - ▶ Yoga
 - ▶ Tai chi
 - ▶ Medical massage
 - ▶ Mindfulness
 - ▶ CBT

Questions/Comments